



**Counseling Intern/Milieu Therapist Job Listing  
Bozeman, MT**

Living Wholeheartedly. The [Eating Disorder Center of Montana \(EDCMT\)](#) offers outpatient, intensive outpatient and partial hospitalization program levels of care within a highly specialized and multi-disciplinary team. Our team includes a psychiatrist, psychotherapists, registered dietitians, registered nurses, a house chef, milieu therapists, and a trauma-sensitive yoga teacher – all of whom support EDCMT's mission to light the way out of eating disorders, freeing patients to live wholeheartedly.

We are taking applications for two to three counseling interns to work as milieu therapists with our dedicated team. Milieu therapists serve the patient population by providing support and containment to EDCMT patients in the PHP and IOP treatment environment, aka, the “milieu”. They provide ongoing anxiety regulation, mindfulness, and interrupt or redirect behaviors during groups, meals, and milieu time. The milieu therapist is present at some meals and in group therapy and in transitions to and from core programming, by assisting providers to maintain a safe space for patients to learn to eat and exercise in a life sustaining way.

The milieu therapist promotes patient autonomy by encouraging self-advocacy within the program and broader social community. Alongside psychotherapists and dietitians, the milieu therapist maintains a focus on helping patients divert behaviors and identify in-the-moment mechanisms that maintain the unconscious conflicts underlying their eating disorders and co-occurring conditions. The milieu therapist accomplishes this by teaching self-regulation skills and modeling effective communication and appropriate social role functioning.

These positions are available to academically minded students with interest in working with people across the spectrum of types and acuity of eating disorders, in support of our primary goal: to set each patient on a path to full recovery from both the mental and physical attributes of their eating disorder.

We are seeking organized, warm, grounded and self-motivated individuals with leadership skills who are comfortable in the roles described above.

Counseling interns will be scheduled for 10 hours per week, including one weekend day, and be expected to attend weekly team meetings or watch the recording (up to 1.5 hrs) potentially

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writing up recorded intakes. Interns will be supervised for 2hrs/month, unpaid, biweekly in meetings with Jeni Gochin or Susanne Draper. Hourly compensation will be \$20.00/hour for patient facing hours, only.

Please submit a detailed cover letter with relevant experience and interests, and a current resume with expressed interest to [info@edcmt.com](mailto:info@edcmt.com).

*We look forward to hearing from you!*