



Milieu Therapist Job Listing
Bozeman, MT

Living Wholeheartedly. The [Eating Disorder Center of Montana \(EDCMT\)](#) in Bozeman offers outpatient, intensive outpatient and partial hospitalization program levels of care within a highly specialized and multi-disciplinary team. Our team includes a psychiatrist, psychotherapists, registered dietitians, registered nurses, nurse practitioner, a house chef, milieu therapists, and a trauma-sensitive yoga teacher – all of whom support EDCMT’s mission to light the way out of eating disorders, freeing patients to live wholeheartedly.

We are now taking applications for a milieu therapist to join our dedicated team. Milieu therapists serve the patient population by providing wrap-around support to EDCMT patients in the day treatment/partial hospitalization program (PHP) and intensive outpatient program (IOP) treatment environment, aka, the “milieu”. They provide ongoing anxiety regulation, mindfulness, and interrupt or redirect behaviors throughout the day. The milieu therapist is present at some meals and in group therapy and in transitions to and from core programming, by assisting providers to maintain a safe space for patients to learn to eat and exercise in a life sustaining way.

The milieu therapist promotes patient autonomy by encouraging self-advocacy within the program and broader social community. Alongside EDCMT psychotherapists and dietitians, the milieu therapist maintains a focus on helping patients divert behaviors and identify in-the-moment mechanisms that maintain the unconscious conflicts underlying their eating disorders and co-occurring conditions. The milieu therapist accomplishes this by teaching self-regulation skills and modeling effective communication and appropriate social role functioning.

We are seeking an organized, warm, grounded and self-motivated individual with leadership skills who is comfortable in the roles described above. Applicants do not need to be licensed therapists, though a background as support staff in a mental health or healthcare organization is preferred.

This is a part-time (25-hour week) position, with the possibility of moving to a full-time (32-hour week) position. Must be available Saturdays, Sundays, Mondays, and Tuesdays with occasional evening shifts, \$25-\$27/hour, depending on experience. EDCMT is an equal opportunity employer. Please submit a detailed cover letter with expressed interest and a current resume to info@edcmt.com.

We look forward to hearing from you!

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