



## Milieu Therapist Job Listing - Missoula, MT

### About the Eating Disorder Center of Montana

Established in 2013, the [Eating Disorder Center of Montana \(EDCMT\)](#) offers outpatient, intensive outpatient (IOP) and partial hospitalization program (PHP/day treatment) levels of care. Our multidisciplinary team includes a psychiatrist, psychotherapists, a music therapist, registered dietitians, a nurse practitioner, registered nurses, a house chef, and yoga-trained milieu therapists—all of whom support EDCMT's mission to light the way out of eating disorders, freeing patients to live wholeheartedly. We treat all genders, ages 12 and older, in support of our vision of creating a future where every patient can live out loud, having overcome their eating disorder through wide-open access to compassionate, expert patient care. Our IOP and PHP programs have up to eight patients in each so that each person receives individualized treatment.

### Job Responsibilities

- Serve the patient population by providing wrap-around support to EDCMT patients in the intensive outpatient program (IOP) treatment environment, aka, the “milieu”
- Provide ongoing anxiety regulation, mindfulness, and interrupt or redirect behaviors
- Provide support during meals, in group therapy, and between sessions during the program day
- Promotes patient autonomy by encouraging self-advocacy within the program and broader social community
- Teaching self-regulation skills and modeling effective communication and appropriate social role functioning

### Who you are and what you'll bring

- Organized, warm, grounded and self-motivated individual with leadership skills
- Applicants do not need to be licensed therapists, though a background as support staff in a mental health, social services, or healthcare organization is preferred.
- Must be available to cover shifts during the week between the hours of 11am-2pm.

### Hours and compensation

- This is a part-time hourly position, with an estimate schedule of 12-14 hours per week
- \$25/hour

EDCMT is an equal opportunity employer. Please submit a detailed cover letter with expressed interest and a current resume to [info@edcmt.com](mailto:info@edcmt.com).

*We look forward to hearing from you!*

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